



ECRS
211 Tenth Avenue
Haddon Heights, NJ 08035-1634

ECRS CAMPING WEEKEND
June 5-7 2009 Camp Onas

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www.ecrs.org**

Please post or share with a friend!

UPCOMING EVENTS

June 5-7	Camping Weekend	Camp Onas	Ottsville, PA
Dec. 27-Jan. 1	Winter Workshop	Watson Homestead	Painted Post, NY

AREA CONTACTS: Members who can provide general information about ECRS

Ontario, Canada	Halina Kantor hal.kantor@rogers.com (416) 233-4517	Massachusetts	Cindy Green cindy@u-access.net (413) 665-3672
D.C. area	Patricia Williams pdw@patriciadaywilliams.com (703) 535-3333	New Hampshire	Yvette Yeager yvettey@hotmail.com (603) 357-8325
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		Virginia	Marione Cobb marionemcobb@twinoaks.org (540) 894-5126

ECRS CAMPING WEEKEND



JUNE 5-7, 2009 **Camp Onas** **Ottsville, PA**

Weekend Coordinators: Cindy Green and Arnie Zacharias

SITE

Camp Onas, 609 Geigel Hill Road, Ottsville, PA 18942 (610) 847-5858 www.camponas.org

Camp Onas is located 35 miles north of Philadelphia and 65 miles southwest of New York City. Situated on 70 acres of woods and rolling hills, this summer camp facility has platform tents with cots and bunk beds. Bring your own tent, if you prefer. A limited number of dormitory-style rooms are also available on a first-come first-served basis. (Dorm rooms may hold up to 8 persons.) There are shared wash & shower facilities with hot water. No RV hookups. No pets. *Smoking is limited to the outdoors.*

Please note: • ECRS events are drug and alcohol free.

- All attending are asked to volunteer for one hour to help the weekend run smoothly.
- Contact the Registrar immediately if you wish to stay in a dorm.
- Folks who cannot spend the weekend but want to join us only on Saturday for dinner and the evening program are welcome to do so, provided they register in advance.

SAVE \$\$\$

Bring a new person (both you and they must be full paying adults) to this event: \$5 off for the ECRSer and \$5 off for the new person. There's no limit to how many people you can bring.

SCHEDULE

Arrive as early as 5pm on Friday and stay as late as 3pm on Sunday. The program itself runs from 8:30pm on Friday until 2pm on Sunday.

WHAT TO BRING

Swimsuit for fun in the pool, musical instruments for jamming, and mug for hot drinks between meals (to save on disposable cups). Bring bedding, too (nights can be chilly, and only a mattress is provided in dorms and platform tents). Bring your own flashlight, ice, cooler, and campstove. No refrigeration is available, and open fires are not permitted. We provide dinner only on Saturday, and snacks after the Friday and Saturday evening programs. *You supply all other meals.*



C L A S S E S

NO EXPERIENCE NECESSARY FOR ANY CLASS



Folk Dancing – Cindy Green

Dances to beautiful music from the World's People. Circles, longways, squares, and trios from around the world. No partner necessary. If you play, bring your instrument! Contact Cindy in advance for music: cindy@u-access.net. Age 11+.

Mini Small Scenes – Alex Sherman

Enjoy rehearsing and acting, with scripts, in extra-short two-person scenes. Age 12+ *Class size is limited. Please sign up on registration form.*

Games – Laurel Fraser

How quickly can a game bring a group together? Some folks shy away from games in group settings because they don't want to be embarrassed in front of others for having fun or doing something silly. Well, if everyone is having fun, it gets contagious and silly for all. Let's explore some quick start up games and others that have "lots of rules" in order to have fun for a couple of hours. Bringing a group together with games is a wonderful way to put energy into your day.

Informal Dramatics – Arnie Zacharias

Discover the dramatic abilities that we all have within us while having fun with other group members. We will begin with dramatic games and exercises, then produce imaginative skits for the rest of the class in a supportive and creative atmosphere. Age 11+.

Leadership Smorgasbord – Cindy Green

Would you like to lead an activity in an area other than the classes being offered, or try out something you have never led before? We encourage an exchange of ideas about leadership, and provide a supportive setting for taking a risk! *Please check box on registration form if you want to lead in this class, and contact Cindy in advance with your activity: (413) 665-3672, cindy@u-access.net.* Age 11+.

Children's Program – Tim Siftar

ECRS offers a completely integrated program for children ages 5-11. Many activities mirror the sense of cooperative play that ECRS is built on. Children attending the program may learn new games, create new crafts, sing silly songs, or even get the chance to share activities they have fun doing at home. Note: Children are expected to stay for the entire program, and are the responsibility of their guardians at all other times. This program will be cancelled if registrations postmarked by May 9 are received for fewer than 3 children.



Water Games – Alex Sherman

A perennial camping weekend favorite, this session of games and dancing takes place in the shallow end of the outdoor pool.

Line Dancing – Arnie Zacharias

A variety of dances and music including oldies, country, soul, and jazz will be demonstrated and taught in an uncomplicated and fun-filled atmosphere. Bring two left feet if that's what you've got.

Singing – Laurel Fraser

Around and around we go, where we stop nobody knows. Singing rounds or singing songs that have "a million" verses, either way, we get to sing and sing and sing in this session where we explore the wonder of rounds and songs with verses that allow folks with all levels of vocal skills to explore their own limits or test the "outer limits". From "wordy" to "one liners", "acapella" to "accompanied", many voices together brings music alive. Let's sing together.

Preschool

If you have youngsters ages 2 – 4, we will provide supervised play for them. Parents or guardians are welcome, but not required, to join us. This program will be cancelled if registrations postmarked by May 9 are received for fewer than 3 children.

- Vegetarian (type: _____) 2009 Member
- I am interested in attending Mini Small Scenes. I am interested in leading an activity in the Leadership Smorgasbord class. (please check here as well as contact Cindy directly)
- I enclose an additional amount as a tax-deductible contribution.

Attendees are responsible for their own transportation. The registrar will give information to those offering rides so they may contact those needing rides.

- I need a ride I can offer a ride to _____ people First time at ECRS
- I need space in a platform tent. I am bringing my own tent.
- I would like a dormitory room. (Please contact Registrar for availability and cost.)

Weekend Rate (below)	\$	_____
Membership Dues*	\$	_____
Contribution	+ \$	_____
SUBTOTAL	\$	_____
New person discount (see "Save \$\$\$" section for details)	— \$	_____
TOTAL ENCLOSED	\$	_____

Name _____ Age _____ M F

Child/ren (Names & Ages) _____

Address _____

City _____ State or Province _____ Zip _____

Phone _____ E-mail _____

Send this form

* Dues are \$25 for those 16 and older. Membership expires December 31st.

with your check payable to ECRS to: Lee Friedman, 1040 Heartwood Drive, Cherry Hill, NJ 08003

Please include a business-size, self-addressed, stamped envelope for directions and confirmation.

REGISTRATION

Send form above with your check (payable to ECRS) to:

Lee Friedman
1040 Heartwood Drive
Cherry Hill, NJ 08003
(856) 216-7101
Lfriedman7@aol.com

SCHOLARSHIPS

A limited number of newcomer scholarships and work scholarships are available. Contact:

Karen Wisnia
4717 Chester Avenue
Philadelphia, PA 19143
(215) 729-6738
karenwisnia@yahoo.com

Visit us online at www.ecrs.org

RATES	<u>Before May 9*</u>	<u>After May 9**</u>
Adults:		
Member [†] (paid in 2009)	\$80	\$95
Non-member	\$90	\$105
Only Saturday dinner and evening program		
(without sleeping over)	\$20	\$25
Children:		
12-15 years old	\$65	\$80
2-11 years old	\$55	\$70
Dormitory rooms available for an additional cost. Contact Registrar.		
Reduce your rate by bringing a newcomer! (see "Save \$\$\$" section for details)		
There will be a \$10 cancellation fee after May 9.		
Payment in full must be sent to the registrar before the weekend.		
The rate for part-time attendance is the full weekend rate, except in the case of only Saturday dinner and evening program.		
* Registration must be <i>postmarked</i> on or before May 9.		
** Space not guaranteed for registrations postmarked after May 9.		
† To receive member rates, pay dues before the weekend. (See form above.)		