

ECRS SPRING WEEKEND



MARCH 30 - APRIL 1, 2012 Black Rock Retreat Lancaster County, PA

Weekend Coordinators: Arnie Zacharias and Frank Baskin

Spring Weekend of the Eastern Cooperative Recreation School is a time for people of all ages and walks of life, newcomers, and old-timers, to share in fun and fellowship. Daytime classes, some with leadership opportunities for those who wish, are a chance to try activities familiar or new to you. In the Evening Program on Friday and Saturday night we all come together to dance, sing, play games, have snacks, and be social with each other.

NEW SITE

Black Rock Retreat, 1345 Kirkwood Pike, Quarryville, PA 17566 (800) 858-9299 www.blackrockretreat.com

Residing in the midst of the Pennsylvania Dutch Amish Country, Black Rock Retreat is located just 60 miles west of Philadelphia and just 65 miles north of Baltimore, MD. Nestled in the heart of 100 acres of woods, Black Rock Retreat has many recreational opportunities including numerous hiking trails. ECRS has reserved two lodging options: (1) motel-style rooms, each with one queen-size and two twin beds and a private bath (pillow, sheets, blankets, and towels provided), or (2) dormitory style cabins with bunk beds, mattress only provided (bring your own pillow, sleeping bag or sheets & blankets, and towels). Five delicious buffet meals are served (Saturday breakfast, lunch, & dinner; Sunday breakfast & lunch). Evening snacks are also provided.

- Please note:**
- ECRS events are drug and alcohol free.
 - All attending are asked to volunteer for one hour to help the weekend run smoothly.
 - **This site requires registration by March 2.** Late registrants may not be accommodated.
 - Smoking is limited to the outdoors.

SCHEDULE

Registration begins at 4:30 PM on Friday. The opening program starts Friday at 8:00 PM and the weekend concludes shortly after lunch on Sunday afternoon. [**Friday Dinner options:** enjoy dinner provided on-site (see details in the NOTE below) **OR** bring dinner food for yourselves and for sharing potluck style.]

PLEASE NOTE:
Dinner Friday, provided by the site, is optional. If interested, you must register for this meal in advance. Deadline March 16th. Cost: \$20 (Ages 5–12 only \$10). Dinner served 6:00 – 6:30 PM.

SAVE \$\$\$ 3 ways:

- 1)** Discount for NEWCOMERS and a rebate for the ECRS members who refer them. Each adult newcomer to ECRS receives a \$50 discount at this event. The referring member receives a \$25 rebate per newcomer, payable after the event. (The referrer need not attend this event to be eligible, but must be an ECRS member.)
- 2)** Register EARLY. Deduct \$15 per adult, if registration is *postmarked* on or before March 2.
- 3)** Become a MEMBER of ECRS. Members get a \$15 deduction from the cost of the weekend. Want to join? Pay dues before the weekend and you can deduct \$15, too. (See registration form.)

WHAT TO BRING

- A flashlight. Paths between buildings are dark at night.
- A mug for hot drinks between meals (to save on disposable cups).
- Your musical instruments for jamming!

Important: If you are staying in a bunk cabin, be sure to bring a pillow, sleeping bag or sheets, blankets, and towels.

CLASSES

NO EXPERIENCE NECESSARY FOR ANY CLASS



Introduction to the Ukulele – Carol Sandler

Professional musician and music teacher with over 20 years of experience will give Ukulele lessons at Black Rock. Pay only \$35 for a beginners soprano Ukulele and it's yours to keep. Learn the names of strings and how to tune the Ukulele. Learn chords and strums. We will incorporate these into the songs you will learn. There will be two class sessions. One hour of each class will be for instruction and the remainder of the class will be time for individual practice with the instructor available for questions and assistance. Sheet music will be provided. The second class builds on the first, so please commit to taking both. You must purchase a ukulele, or bring your own, to attend this class. Class size is limited. Must register in advance. Age 12+.

Active Games* – Jacquie Adain

Get ready to play some active games! Wear safe shoes and be prepared to move. We will play mostly active games; some old, some new, all will be inclusive, cooperative and fun. There will, of course, be opportunities for less active participation or lower energy levels but mostly the emphasis will be on energetic fun. Age 11+.

String & Swing* – Jacquie Adain

Cat's cradle is just the beginning! Make string figures to amuse and amuse, building on skills as we go. For a break, we'll move to eclectic music however it moves us. The contrast between the two activities makes each one more meaningful. Warning: string figures may be addictive! Age 11+.

Line Dancing* – Arnie Zacharias

Non-partner dances for beginners and intermediates. Includes oldies, soul, country, and novelty dances – waltzes, cha-chas, rhumbas, and charlestons. All ages.

Folk Dancing* – Carolyn Eckel

Everyone can dance. Oldies but goodies and new dances. Come have fun. Age 10+.

Smorgasbord* – Frank Baskin

You can lead a game, song, or another activity -- new for you, for the group, or you just want to try it again. There will be a supportive climate for each leader as you try out something. Come play and/or lead. Age 11+.

Informal Dramatics* – Frank Baskin

You will create your own characters as other people, animals, plants, objects, or something else. You may choose to speak or not. The group will provide a supportive climate for you as we create brief and short to medium improvisations. Age 9+.



Children's Program – Tim Siftar

ECRS offers a completely integrated program for children ages 5 – 11. Many activities mirror the sense of cooperative play that ECRS is built on. Children attending the program may learn new games, create new crafts, sing silly songs, or even get the chance to share activities they have fun doing at home. Note: Children are expected to stay for the entire program, and are the responsibility of their guardians at all other times. This program will be cancelled if registrations postmarked by March 2 are received for fewer than 3 children.

Preschool

If you have youngsters ages 2–4, we will provide supervised play for them. Parents or guardians are welcome, but not required, to join us. This program will be cancelled if registrations postmarked by March 2 are received for fewer than 3 children.

*Leadership Opportunities will be included in these classes. Please indicate interest on registration form.

Photos provided by Bret Underberg-Davis

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Vegetarian (type: _____)

I am interested in **leading** in the following area(s): String and Swing Games

Smorgasbord Line Dancing Folk Dancing Informal Dramatics

Other _____

I am enclosing an additional amount as a tax-deductible contribution.

Attendees are responsible for their own transportation. The registrar will give information to those offering rides so they may contact those needing rides.

I need a ride I can offer a ride to _____ people 2012 Member

First time at ECRS Friday dinner (see "Site" section for details - pay on-site)

Attending only Saturday night dinner and evening program.

Enclosed is \$35 for Ukulele purchase. Register me for Ukulele class.

Name _____ Age _____ M F

Child/ren (Names & Ages) _____

Address _____

City _____ State or Province _____ Zip _____

Phone _____ E-mail _____

Weekend Rate (below)	\$	_____
Membership Dues*	+	\$ _____
Contribution / Ukulele	+	\$ _____
SUBTOTAL		\$ _____
Newcomer discount**	-	\$ _____
Early registration**	-	\$ _____
Member discount**	-	\$ _____
TOTAL ENCLOSED		\$ _____

* Dues are \$25 for those 16 and older.
Membership expires December 31st.

**See "Save \$\$\$" section for details

Send this form

with your check payable to "ECRS" to: Martha Woods, 6118 40th Ave., Hyattsville, MD 20782-3012

We will mail you a hard copy of your confirmation and directions if you include a business-size, self-addressed, stamped envelope with your registration; otherwise, we will send it by e-mail.

REGISTRATION

Send form above with your check (payable to ECRS) to:

Martha Woods
6118 40th Avenue
Hyattsville, MD 20782-3012
(301) 277-3172
msoldhouse@gmail.com

SCHOLARSHIPS

A limited number of work scholarships are available.
Contact:

Karen Wisnia
4717 Chester Avenue
Philadelphia, PA 19143
(215) 729-6738
karenwisnia@yahoo.com

RATES

per person maximum

	Adults (18+)	Teens (13-17)	Children (5-12)
Motel-style: 2 per room	\$290	\$190	\$95
Motel-style: 3-4 per room*	\$260	\$170	\$90
Bunk Cabins:	\$210	\$120	\$80

Children under 5 years old are free.

See "Save \$\$\$" section for available discounts.

***Children under 13 do not count toward "3-4 per room" rate.**

Friday dinner (must preregister, pay on-site):

Adults & Teens: \$20.00 Children 5-12: \$10.00

Only Saturday dinner and evening program (without sleeping over):

Adults & Teens: \$30.00 Children: \$10.00

There will be a \$25 cancellation fee after March 16.

Payment in full must be sent to the registrar before the weekend.

The rate for part-time attendance is the full weekend rate, except in the case of attending only Saturday dinner and evening program.

Visit us online at www.ecrs.org



ECRS
 211 Tenth Avenue
 Haddon Heights, NJ 08035-1634

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Visit us online at
www.ecrs.org

Please post or share with a friend!

UPCOMING EVENTS

June 8-10	Camping Weekend	Camp Onas	Ottsville, PA
Dec. 27-Jan. 1	Winter Workshop	Watson Homestead	Painted Post, NY

Eastern Cooperative Recreation School (ECRS) is an intergenerational organization offering creative and engaging activities that are fun, develop leadership, and build community.

AREA CONTACTS: Members who can provide general information about ECRS

Ontario, Canada	Halina Kantor hal.kantor@rogers.com	(416) 233-4517	New Hampshire	Yvette Yeager yvettey365@gmail.com	(603) 357-8325
D.C. area	Patricia Williams pdw@patriciadaywilliams.com	(703) 535-3333	New Jersey	Jack Marquess thorin_oakshield@hotmail.com	(856) 547-1265
Iowa	Nan Fawcett nanjfawcett@gmail.com	(319) 643-3342	New York	Alex & Ruth Sherman rualsher@optonline.net	(914) 941-7325
Maine	David Sherman dsherman@maine.rr.com	(207) 774-5201	Pennsylvania	Karen Wisnia karenwisnia@yahoo.com	(215) 729-6738
Maryland	Aileen Dannenberg Steve & Martha Woods msoldhouse@gmail.com	(410) 377-7125 (301) 277-3172	Vermont	Marie Procter mlp69@comcast.net	(802) 254-2115
Massachusetts	Frank Baskin farfel43@yahoo.com	(978) 458-1512	Virginia	Marione Cobb marionemcobb@twinoaks.org	(540) 894-5126 x3511

Eastern Cooperative Recreation School does not discriminate on the basis of race, color, national or ethnic origin in administration of its admission policies, scholarship programs, or other ECRS administered programs.