

# ECRS COURSE/WORKSHOP PROPOSAL FORM

Completed forms should be submitted to the LDC at [ecrsldc@gmail.com](mailto:ecrsldc@gmail.com) w/ subject line: leader name/proposal for [course name]

Name \_\_\_\_\_ Date \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

If new to ECRS, how did you learn about us \_\_\_\_\_

Name of course/workshop \_\_\_\_\_

Why would you like to teach it? \_\_\_\_\_

Does it meet most of the criteria for new courses listed below? \_\_\_\_\_

**How would you teach this course? Please attach a brief overview of the course/workshop; a general plan for content; what might be included; how many sessions you propose; if several, how the class would build from one session to the next (at a weekend or a longer event); and opportunities for class participation.**

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## CRITERIA FOR NEW COURSES (from "Criteria for Appropriateness of New Courses," LDC Policy 4/98)

- Any activity that fulfills our mission to have fun, build community, and develop leadership
- No prior experience with activity needed, unless specified
- Involves problem solving, with room for growth and skill building
- Encourages initiative by individuals
- Has potential for creativity, varying from "it must be done this way"
- Gives opportunity for people to connect with one another physically, emotionally, spiritually, & intellectually
- Incorporates the unique aspects of ECRS philosophy, such as importance of process, awareness of individual experience, quality material, potential for practice leading, emphasis on recreation for its own sake, etc.