



# ECRS WINTER ADVENTURE 2016-2017

December 27, 2016 - January 1, 2017 • Watson Homestead, Painted Post, NY



## About Winter Adventure

ECRS Winter Adventure is a creative, joyous and alternative holiday experience. We offer an array of classes that are conveniently scheduled, allowing for breaks and free time when participants can relax or offer their own recreational activities. Three tasty, nutritious, buffet-style meals are served daily. At night, we gather for singing, cooperative games, dancing and special theme nights, followed by a refreshing snack. The week culminates in our welcoming the New Year with song, dance, and ceremony. We're also ideally situated for winter sports and local attractions, including sledding, hiking, and the nearby Corning Museum of Glass.

## About ECRS

Our purpose is to provide a variety of engaging activities that are fun, build community and develop leadership in an intergenerational and friendly environment. With our rich blend of creative, challenging, and non-competitive experiences, we seek to rejuvenate the spirit, promote quality relationships, develop skills, and support personal growth. We believe the benefits gained from our unique approach add a positive dimension to living not commonly found. For interested individuals working in paid or volunteer positions with groups, we encourage participation in our special brand of humanistic leadership training. Based on respect for all people, this program incorporates group dynamics, facilitation strategies, compassionate mentoring, and hands-on practice to empower our members to make vital contributions.

## Facilities & Accommodations

Watson Homestead is a conference center on 600 beautiful acres near Corning, NY. Accommodation options: 1) **Main Lodge:** dorm-style rooms with twin or bunk beds, shared bath; guests must bring sheets and towels. 2) **West Wing:** (attached to Main Lodge) hotel-style rooms with two double beds, private bath and carpeting; all linens (blankets, sheets, towels and pillows) are supplied, 3) **Hillside:** (short walk up a hill from Main Lodge) There may be a limited number of rooms with shared bath in this two-story house; guests must bring sheets and towels. **NOTE:** Watson Homestead is wheelchair accessible.

## Schedule

Room assignments will be given starting at 3:30 pm on December 27. Following the evening meal, there will be an introduction of staff, orientation, class registration and activities. The schedule of classes is included with the registration form. Classes begin on December 28 and continue through December 31. The final meal is breakfast on January 1, followed by a closing program.

From December 27 thru January 1 **only**, a message can be taken for you at:

Watson Homestead  
9620 Dry Run Road  
Painted Post, NY 14870  
607-962-0541

## Rates

Tuition	By 10/25	After 10/25
Ages 18 +	\$200	\$235

**Children's Discount:** Registrants under the age of 18 get free tuition to this event.

**Newcomer Discount:** Newcomers to Winter Adventure get free tuition! (Newcomers are still responsible for room and board.) ECRS members who refer a newcomer will receive a \$50 rebate paid after the event. (Member must attend to receive rebate.)

## Room and Board Fees

Room Type/ Location	Adult/Teen Ages 13+	Child Ages 3-12
<b>MAIN LODGE or HILLSIDE</b>		
Single *	\$430	N/A
2 per room	\$335	\$205
3 or 4 per room	\$305	\$195
<b>WEST WING</b>		
Single *	\$655	N/A
2 per room	\$580	\$335
3 per room	\$505	\$290
4 per room	\$450	\$270

**\* Single Occupancy availability is limited, so please register early; must be 18+**

## Pre-Registration Information

Classes are filled on a first-come, first-served basis, as registration is received. There will be an opportunity during the first evening's program to make changes to your schedule, provided that space is available. Each class is held at the same time for either 2 or 4 consecutive days. Since each day the class builds on the learning of the preceding class, regular attendance is encouraged.

NOTE: By attending this event you consent to the use of your likeness in a photograph or video for ECRS promotional purposes.

## Registration

Register online at [www.ecrs.org](http://www.ecrs.org) or send the following to the Business Manager at the address provided below:

- A deposit of \$40 in U.S. funds for each person age 3+ (check payable to ECRS)
- A registration form with class registration schedule for each registrant
- A self-addressed stamped business-size envelope

Full payment is due by December 15, 2016, and **must** be made before arrival. If you cancel your registration after the full fee has been paid, all but your deposit will be refunded. Deposits are not refundable after December 1, 2016. Full-time registrations only.

**DO NOT COME TO WINTER ADVENTURE WITHOUT CONFIRMATION FROM THE BUSINESS MANAGER.**

Travel directions and other details will be sent by the Business Manager, who can also be contacted for questions:

Donna Miller-Small  
745 Norman Drive  
North Bellmore NY, 11710  
dmillersmall@optonline.net (preferred)  
516-764-0153

Persons under the age of 18 unaccompanied by their parent(s) must enclose a letter written by the adult who will be responsible for them at the event.

## Scholarships

We offer childcare, snack preparation, and administrative assistant work scholarships. To receive a scholarship application form, send completed registration form to the Business Manager with a \$40 deposit. Early application is a factor in the awarding process. Completed scholarship applications must be received at least three weeks prior to the event. Any scholarship aid must be confirmed prior to arrival.



**An all-ages getaway to connect, create, and play!**

Register online at [www.ecrs.org](http://www.ecrs.org)

## Descriptions of "full" classes given for four days

### Crafts: Decoupage

Teri Wilkinson

So, what is decoupage? The art and craft of the papercutter, who uses paper "like a writer uses words" to create something new, adhering with glue any of an endless variety of papers to new surfaces. Your imagination creates the visuals. We will work with the techniques of gluing, layering, sanding and sealing, using hairdryers to aid the drying process. Become an "image pack rat," focusing on a subject as you gather what catches your eyes from calendars, magazines, wallpaper and paint samples, flower and travel catalogs, family photo albums. A variety of boxes, trays, etc., in paper, wood, metal will be provided. You can bring your own, too, as well as scissors, exacto knives, matt knives with snap-off blades, and your curiosity, creativity and enthusiasm. (Ages 11+)

### Small Scenes

Frank Baskin

Have you wanted to be on stage or try a character different than you? Now's your chance, in front of a supportive group. We will read scenes from real plays, rehearse, put them on for the class, and discuss them afterwards. No prior experience necessary. Class size limited. (Ages 15+)

### Folk Dancing (w/practice teaching)

Patricia Williams

Come learn dances that express the heart and soul of cultures from around the world. Great variety, great music, great exercise, great fun! All are welcome, from first timers to folk dance fanatics. No partner necessary. (Ages 11+)

### Storytelling

Robin Bady

Let's tell stories! We will work on family stories, ghost stories and personal stories, all the while honing skills and developing our individual unique voice and style. If the group wishes, we can set a time and place to share our stories with the larger group. (Ages 11+)

### Children's Program

Tim Siftar

Children ages 5-11 - Join us for games, crafts and cooperative play! Bring along your favorite game to share. Don't forget winter clothing and gear for some outdoor fun! Children's Program will be offered for two class periods. A Preschool program for ages 2-4 will be available if we have two or more in this age group.

A Cooperative Children's Program, organized and staffed by parents and volunteers, will be available during the late morning class period.

### Evening Program

Debra Robert with Patricia Williams

Each evening we unite through song, dance, informal dramatics, crafts and games. Everyone is invited. Enjoy refreshments and then join in late night activities. Join us as we party like it's 1999 and celebrate our community. Share a most unique New Year's Eve celebration that will bring you enough warmth and fun to last through 2017!

### Evening Sing

Barb Siftar and Sophia Geron-Neubauer

Evening Sing is a time for the community to come together in song! Songs of all types will be led in a group sing-along format; beautiful, silly, classic, oldie, brand new, with instruments and without. You are encouraged to think about what you would like to lead at Evening Sing! All attendees can share by working with Barb and Sophia on choice of material, singability, appropriateness, and leadership guidance.

### Staff Coordinator

Alison Pepper

### Free Time Activities

If you would like to lead an activity, please give this some advance thought and come prepared to sign up to lead in one of the free periods.

## Descriptions of "mini" classes given for two days

### Befriending our Fears - so we can have more of the life we want

Za McDonnell

How many times have you stopped yourself, believing you were not smart enough, competent enough, young enough, old enough, strong enough, etc., to meet a particular challenge or start down a new path? Given that fear is an inescapable part of our journey, how can we meet our fears, understand where they come from and move on, instead of being held captive by them? Together, through discussion and experiential exercises, we'll explore and imagine the possibilities. (Ages 18+)

### Cantina Scene

Howard Moody & Isaac Lebowhl-Steiner

An immersive roleplaying experience. During the first day, we learn about a new world and develop our characters. On the second day we enter into a science-fantasy world where all of our characters get to interact. There are very few rules, but a lot of character depth to explore! Note: The Cantina Scene will largely not involve running around and will take place primarily in a single room. (Ages 11+)

### Improv

Howard Moody & Isaac Lebowhl-Steiner

Let's get together and make it all up! We will play theater games, create mini scenes, and have a lot of fun. This class will have a particular focus on developing characters. It can be a great time by itself or as a companion to the Cantina Scene. No experience or planning necessary. (Ages 11+)

### Games

Jacquie Adain

Where fun is job one! A chance to be together, play together and let your hair down. We'll play some new games and some old, some quiet games and some raucous ones. A chance to work your mind as well as your body. Please wear safe footwear and a smile. (Ages 11+)

### Cultural Messages in Games

Frank Baskin

Do games teach us anything about our culture? We will play, discuss our experiences together, and try to find out if games are telling us about what we do every day. (Ages 13+)

### Late Night Dances

David Sherman

Come learn those late night dances and New Year's Eve after-party dances that everyone else seems to know and enjoys so much. Dances will include a variety of circle, couple and line dances that are all part of that repertoire. No prior dance experience required. (Ages 11+)

### Latin Dance

David Sherman

So, you never thought you could Latin dance... Spice up your life with some Cha Cha, Samba, and Salsa. We will look at various rhythms, types of music and dance steps as we explore several different Latin dance traditions. We will dance individually, in lines and in couple mixers. Dancers at all levels are welcome - all steps will be explained! (Ages 11+)

### Play Parties and Musical Games

Mark Schmale

Imagine dancing while creating your own music. Play Parties are one of the oldest forms of recreation and an original ECRS activity. Some of the Play Parties will be active, but most of the dances and games will be at a walking pace. I will be adding a few Musical Games this year to add variety to the class. Come Sing, Dance and "Play." (Ages 11+)

### Play with Paint

Charlotte Young

Come drip, dribble, splatter and swirl with paint. We'll have fun learning and experimenting with several techniques. Bring a smock or old shirt. (Ages 11+)

### Radial Design in Pen & Pencil

Julie Siftar and Dan Nicholson

If you have enjoyed the "zentangle" craze and then the coloring book craze, now you can enjoy creating your own kaleidoscopic tessellation! Julie and Dan will guide you through the process of developing radially symmetrical artwork based on one repeating design, similar to a mandala. We will use fine tipped markers and colored pencils to create our masterpieces! (Ages 11+)

### Small Scenes for Tweens and Teens

Glenn Lebowhl-Steiner w/ David Geron-Neubauer

If you are 10-14 years old this is your chance to taste the delicious flavors of "Small Scenes." Comedy, drama - we have it all! No need to memorize lines; small scripts are provided. You bring your enthusiasm and imagination and a big appetite for exploring, acting, creating characters and working scenes cooperatively. Class size limited. 2 day commitment.

### This Little Light of Ours: The Meaning and Purpose of ECRS and Its Influence on our Lives

Frank Miller-Small

Lots of folks love ECRS, say it changed their lives, and know it's good for our society. In this learning adventure that welcomes old-timers and newcomers, we'll explore these things in depth. With tools like discussion, creative writing, drama, art and music, we'll dig up and celebrate the hidden gems that shine through "our little light." (Ages 15+)

### Waltz Time is Play Time

Wesley Stevens

Waltz time is play time! Learn to spin, float, and just get goofy in 3/4 time. The class will focus on two things: first, a solid foundation in the basic steps; then twirls and other fun moves that you can practice and build on. Everyone welcome, with or without a partner. (Ages 11+)

# Eastern Cooperative Recreation School Winter Adventure 12/27/16-1/1/17

**Class Registration:** For each time slot, choose one 4 day class or two 2 day minis Please indicate 1<sup>st</sup> and 2<sup>nd</sup> choices for each slot. 2<sup>nd</sup> choices will be assigned only if 1<sup>st</sup> choices are filled. Class schedule may be changed, depending upon registration. Submit one class registration page for each attendee along with deposit.

**Name** \_\_\_\_\_ **Age (if under 15)** \_\_\_\_\_

## Schedule of Classes

	Dining Room	Chapel A	Library	Crafts Room	Rec Hall	Martin	Elm Room
<b>8:00 am</b>	<b>Breakfast – Dining Room</b>						
<b>9:00-10:40</b>	<b>Waltz</b> Days 1-2 Wesley ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Latin Dance</b> Days 3-4 David S ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>		<b>Storytelling</b> 4 days  Robin ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>		<b>Improv 1</b> Days 1-2 Howard & Isaac ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Improv 2</b> Days 3-4 Howard & Isaac ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Befriending Fears 1</b> Days 1-2 Za ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Befriending Fears 2</b> Days 3-4 Za ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Children's Program</b> (5-11) 4 days  Tim  <b>Preschool (2-4)</b> TBD
<b>10:50-12:30</b>	<b>Folk Dancing</b> 4 days  Patricia ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Teen Scenes</b> Days 3-4 Glenn w/ David ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>		<b>Decoupage</b> 4 days  Teri ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Games</b> Days 1-2 Jacquie ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Culture in Games</b> Days 3-4 Frank B ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>This Little Light</b> Days 1-2 Frank M-S ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Cooperative Children's Program</b>  4 days  Volunteers
<b>12:45 pm</b>	<b>Lunch – Dining Room</b>						
<b>1:30-3:35</b>	<b>Free Time Activities</b>						
<b>3:45-5:45</b>	<b>Late Night Dances</b> Days 1-2 David S ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/>	<b>Small Scenes</b> 4 days  Frank B ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>		<b>Play with Paint</b> Days 1-2 Charlotte ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Radial Design</b> Days 3-4 Julie & Dan ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>	<b>Play Parties</b> Days 1-2 Mark ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup> <hr/> <b>Cantina Scene</b> Days 3-4 Howard & Isaac ___ 1 <sup>st</sup> ___ 2 <sup>nd</sup>		<b>Children's Program</b> (5-11) 4 days  Tim  <b>Preschool (2-4)</b> TBD
<b>6:00 pm</b>	<b>Dinner – Dining Room</b>						
<b>7:30-10:00</b>	<b>Evening Program (Debra w/ Patricia) and Evening Sing (Barb and Sophia)</b>						
<b>10:00</b>	<b>Snacks (followed by bedtime for some)</b>						
<b>10:15 - ?</b>	<b>Late Night Activities</b>						

**REGISTRATION FORM (Or Register online at [www.ecrs.org](http://www.ecrs.org))** Please enroll me for ECRS Winter Adventure, 12/27/16 thru 1/1/17. Enclosed is my check (payable to ECRS) for \$40 in US FUNDS ONLY for each person age 3 and over. **The balance of my payment is due before Dec.15, 2016.** Send payment, this form, class registration form(s) and a self-addressed stamped business-size envelope to **Donna Miller-Small, 745 Norman Drive, North Bellmore, NY 11710.**

Name _____	Age _____	Gender _____	Total Tuition \$ _____
Street Address _____			Room & Board \$ _____
City _____	State/Prov _____	Zip/Postal _____	Year 2017 Membership Dues \$ _____
Phone Day _____	Eve _____	Email _____	Contribution \$ _____
Name _____	Age _____	Gender _____	TOTAL \$ _____
Name _____	Age _____	Gender _____	

Housing Choice:  Main Lodge - West Wing  Main Lodge - Regular  Hillside preferred roommate \_\_\_\_\_  single (*limited*)  
 new address  new to ECRS  member  dues enclosed (\$25;\$15)  vegetarian  applying for scholarship: \_\_\_\_\_  
 I can offer a ride to \_\_\_ people  I need a ride. Attendees are responsible for their own transportation, but drivers will contact those needing rides at their own discretion.

**Save a stamp -- include your 2017 membership dues with your registration. (\$25/person/year; \$15 for additional adults in household)**

Eastern Cooperative Recreation School does not discriminate on the basis of race, color, age, national or ethnic origin in administration of its admission policies, scholarship programs, or other administered programs. We are an open community that welcomes people of all colors, ages, sexualities, and religious backgrounds, and expects our participants to do the same. ECRS events are drug and alcohol-free.

Want to register online or need additional flyers or registration forms? Visit our website at [www.ecrs.org](http://www.ecrs.org)



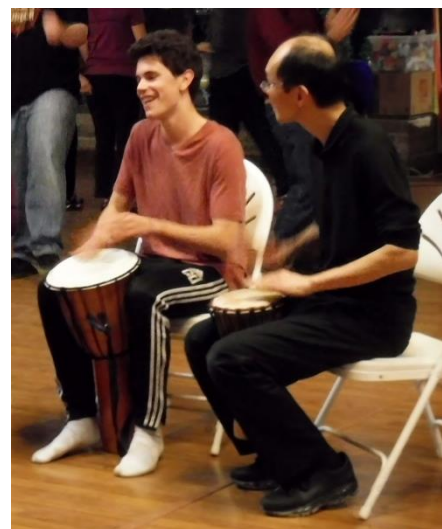
9 Gloucester Drive  
Wheatley Heights, NY  
11798-1207

Register  
\* ONLINE \*  
at  
[www.ecrs.org](http://www.ecrs.org)

## Winter Adventure 2016-2017

*ECRS is an intergenerational organization offering creative and engaging activities that are fun, develop leadership and build community*

### Join us for ECRS Winter Adventure 2016-2017



**An all-ages getaway to connect, create, and play!**