

APRIL 8-10, 2016 Stony Point Center Stony Point, NY

## Weekend Coordinators: Arnie Zacharias and Frank Baskin

Spring Weekend of the Eastern Cooperative Recreation School is a time for people of all ages and walks of life, newcomers and old-timers, to share in fun and fellowship. Daytime classes, some with leadership opportunities for those who wish, are a chance to try activities familiar or new to you. In the Evening Program on Friday and Saturday night, we all come together to dance, sing, play games, have snacks, and be social with each other.

#### SITE

Stony Point Center, 17 Crickettown Road, Stony Point NY 10980 (800) 253-4285 www.stonypointcenter.org

35 miles northwest of New York City (off the Palisades Parkway), Stony Point Center is a lovely 32-acre conference site nestled in the scenic and historic Hudson River Valley. Accommodations are in comfortable 2-bedded rooms, each with a sink. Bedding, linens, and a towel are provided. Shared toilets and bath/shower facilities are down the hall. Nutritious and delicious buffet meals are served (Friday dinner; Saturday breakfast, lunch, & dinner; Sunday breakfast & lunch). Evening snacks are also provided.

**Folks who live near Stony Point:** You are welcome to join us for the weekend without sleeping over, or come only for Saturday dinner and Evening Program, provided that you please register in advance. See "Rates" section for cost.

#### Important:

- ECRS events are drug and alcohol free.
- All attending are asked to volunteer for one hour to help the weekend run smoothly.
- This site requires registration by March 11. Late registrants may not be accommodated.
- Smoking is limited to the outdoors.

### **SCHEDULE**

Registration begins at 4:30pm on Friday in "Evergreen", the main building. *Dinner Friday is served from 6:00-6:30pm* and is included in the cost of the weekend (this is a change from the past). The program for the weekend begins at 8:00pm Friday evening and concludes shortly after lunch on Sunday afternoon. Aside from meals, all our activities and our housing are in the "Maple" building.

## **SAVE \$\$\$**

Discount for NEWCOMERS and a rebate for the ECRS members who refer them. Each adult newcomer to ECRS pays a discounted rate at this event (See RATES). The referring member receives a \$25 rebate per newcomer, payable after the event. (The referrer need not attend this event to be eligible, but must be an ECRS member.)

#### **MEMBERSHIP**

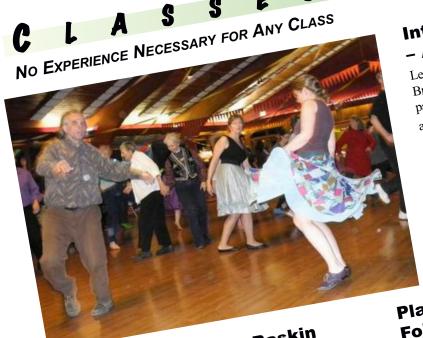
Become a MEMBER of ECRS. Dues are \$25 each calendar year for those 16 and older. Adult members get a \$15 discount for weekend events. Pay for dues with your weekend registration and get the member price for this event. (See RATES for prices and indicate Membership Dues on the registration form.)

Additional people living in a member's household are automatically members until the age of 18. Once they reach 18, dues for additional household members are \$15. Ask us about Life Membership!

## WHAT TO BRING

- A flashlight.
- A robe (toilets and bath/showers are not in the bedrooms).
- Toiletries.
- A mug for hot drinks between meals (to save on disposable cups).
- Your musical instruments for jamming!





# Smorgasbord\* – Frank Baskin

Lead a song, game or other activity new to you or the group. Try something again. Come play and/or lead. Age 12+.

# Improv Theater – Howard Moody

Skills for life: Come, create, and be spontaneous on the spot. Thru theater games and simple fun scenes we will learn the basic skills of how to be a good improviser both on stage and in life. No improv or theater experience necessary to join the merriment.

# Line Dancing\* – Arnie Zacharias

A variety of line dances will be taught including Soul, Oldies, and Country-Western, as well as some Waltz, Polka, and Latin. Even beginners can have fun. Age 12+.

# Informal Dramatics\* – Frank Baskin

Improvise and be a camel, chair, fried egg, or another person all will be your choice. Enjoy creating characters with others.

# Games\* - Howard Moody

Come and connect, laugh, and be playful with active games, tag games, circle games, silly games, teambuilding games and more! Age 12+.

# Crafts - Arnie Zacharias

We will gather natural materials and incorporate them into a variety of wall hangings. Age 12+.

\*\*NOTE: The band Ajde consists of Susan Anderson, Anne Ehrhart, and Bill & Carol Wadlinger.

# International Folk Dancing

Learn dances from around the world - Israel, the \_ Ajde\*\* British Isles, France, the Balkans and beyond. No partner needed – most of the dances are done in lines and circles. Everyone is welcome! Age 12+.

# Singing for International Folk Dancing - Ajde\*\*

Sing music from other countries, and explore unusual rhythms and harmonies. Sheet music will be provided. We'll get together with the musicians and sing for a couple of dances in the Saturday Evening Program. If you would like the music in advance, please email Carol Wadlinger at: carol@beaverfolkdance.org. Age 12+.

# Playing Music for International Folk Dancing - Ajde\*\*

Play music from other countries, and explore unusual rhythms and harmonies. Sheet music (in C and B flat) will be provided. We'll get together with the singers and play for a couple of dances in the Saturday Evening Program. If you would like the music in advance, please email Carol Wadlinger at:

Please bring your instrument and music stand (if you have carol@beaverfolkdance.org. one). All instruments are welcome.

Want to join the band, but don't have an instrument? We'll have a couple of percussion instruments available to borrow. Age 12+.

# Children's Program \_ Gabriella Elem

ECRS offers a completely integrated program for children ages 5-11 during the morning class period on both Saturday and Sunday. Many activities mirror the sense of cooperative play that ECRS is built on. Children attending the program may learn new games, create new crafts, sing silly songs, or even get the chance to share activities they have fun doing at home. Note: Children are expected to stay for the entire program, and are the responsibility of their guardians at all other times. This program will be offered only if at least three children are registered by March 11.

If you have youngsters ages 2-4, we will provide Preschool supervised play for them during the morning class period on both Saturday and Sunday. Parents or guardians are welcome, but not required, to join us. This program will be offered only if at least three children are registered by March 11.

\*Leadership Opportunities will be included in these classes. Please indicate interest on registration form.

# Eastern Cooperative Recreation School Stony Point Center April 8-10, 2016

| lake it EASY Register online at: www.ecrs.org/spring-weekend-regist   | ration/           |  |    |   |
|---|-------------------|--|----|---|
| O Vegetarian (type:   |                   | Weekend Rate (below)                                       | \$ |   |
| <ul> <li>I am enclosing an additional amount as a tax-deductible contribution.</li> <li>I am interested in <i>LEADING</i> in the following class(es) or area(s):</li> <li>Line Dancing O Informal Dramatics O Games O Smorgasbord</li> <li>Other</li> </ul> |                   | Membership Dues* +  Contribution +                         | \$ |   |
| Attendees are responsible for their own transportation. The registrar wi  | ~                 | TOTAL ENCLOSED   | \$ |   |
| O I need a ride O I can offer a ride to people O First time at ECRS O 2016 Member O Attending only Saturday night dinner and evening program (see "RATES" b   | ox for details).  | * Dues are \$25 for those 16 a<br>Membership expires Decem |    |   |
| Name  |                   | Age  | M  | F |
| Child/ren (Names & Ages)  |                   |  |    |   |
| Address   |                   |  |    |   |
| City  | State or Province | Zip  |    |   |
| Phone E-mail  |                   |  |    |   |

Not registering online?
Send this form

with your check payable to "ECRS" to: Karen Wisnia, 4717 Chester Ave., Philadelphia, PA 19143-3512

We will mail you a hard copy of your confirmation and directions if you include a business-size, selfaddressed, stamped envelope with your registration; otherwise, we will send it by email.

## REGISTRATION

Send form above with your check (payable to ECRS) to:

Karen Wisnia 4717 Chester Avenue Philadelphia, PA 19143-3512 (215) 729-6738 karenwisnia@yahoo.com

# **SCHOLARSHIPS**

A limited number of work scholarships are available. Contact:

Karen Wisnia 4717 Chester Avenue Philadelphia, PA 19143-3512 (215) 729-6738 karenwisnia@yahoo.com

|  | Before 1      | Before March 11* |                | After March 11* |  |  |
|--|---------------|------------------|----------------|-----------------|--|--|
| RATES                                    | Ages 3-11     | Adults (12+)     | Ages 3-11      | Adults (12+)    |  |  |
| Full weekend                             |               |                  |                |                 |  |  |
| member                                   | \$140         | \$310            | \$160          | \$330           |  |  |
| non-member                               | \$140         | \$325            | \$160          | \$345           |  |  |
| newcomer                                 | \$140         | \$275            | \$160          | \$295           |  |  |
| Weekend commuter                         | (includes all | meals and prog   | rams, not slee | eping over)     |  |  |
| member                                   | \$75          | \$170            | \$95           | \$190           |  |  |
| non-member                               | \$75          | \$185            | \$95           | \$205           |  |  |
| newcomer                                 | \$75          | \$135            | \$95           | \$155           |  |  |
| Only Saturday dinner and evening program |               |                  |                |                 |  |  |
|  | \$15          | \$30             | \$15           | \$30            |  |  |

Children under 3 years old are free.

There will be a \$25 cancellation fee after March 11.

Payment in full must be sent to the Registrar before the weekend.

The rate for part-time attendance is the full weekend rate, except in the case of attending only Saturday dinner and evening program.

\* Registration must be *postmarked* on or before March 11.

Additional registration forms and more available at www.ecrs.org





Visit us online at www.ecrs.org

Please post or share with a friend!

## **UPCOMING EVENTS**

| June 10-12 Camping Weekend |                  | Camp Onas        | Ottsville, PA    |
|----------------------------|------------------|------------------|------------------|
| Dec. 27-Jan. 1             | Winter Adventure | Watson Homestead | Painted Post, NY |

Eastern Cooperative Recreation School (ECRS) is an intergenerational organization offering creative and engaging activities that are fun, develop leadership, and build community.

| 4               | AREA CONTACTS:                                   | Members who ca      | an provide general | information about ECRS                    |                     |
|-----------------|--|---------------------|--------------------|---|---------------------|
| Ontario, Canada | Halina Kantor<br>hal.kantor@rogers.com           | (416) 233-4517      | New Hampshire      | Yvette Yeager<br>yvettey365@gmail.com     | (603) 357-8325      |
| D.C. area       | Patricia Williams<br>pdw@patriciadaywilliams.com | (703) 535-3333<br>m | New Jersey         | Jack Marquess thorin_oakshield@hotmail.co | (856) 547-1129<br>m |
| Maine           | David Sherman dsherman@maine.rr.com              | (207) 774-5201      | New York           | Ruth Sherman rualsher@optonline.net       | (914) 941-7325      |
| Maryland        | Steve & Martha Woods<br>msoldhouse@gmail.com     | (301) 277-3172      | Pennsylvania       | Karen Wisnia karenwisnia@yahoo.com        | (215) 729-6738      |
| Massachusetts   | Frank Baskin farfel43@yahoo.com                  | (978) 458-1512      | Vermont            | Marie Procter<br>mlp69@comcast.net        | (802) 254-2115      |

Eastern Cooperative Recreation School does not discriminate on the basis of race, color, national or ethnic origin in administration of its admission policies, scholarship programs, or other ECRS administered programs.